

For shoe sizing accuracy, we recommend printing this document on A4 paper at 100% (full size).

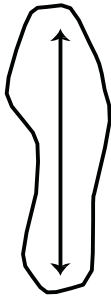


# SHOETREE

## PROJECT

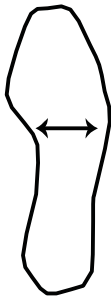
### Setup device

1. **Align the 2 pages by the red crosshairs.** This is easier if you fold each page along the center of their crosshairs.



### Vertical alignment

1. **Align your heel with the solid line** at the base of the chart. Keep your weight evenly distributed, relax your toes.
2. The line that touches your longest toe indicates your size. If the size is not exact, **always round down.**
3. Measure both feet. You should purchase shoe trees in the **smaller of your two sizes.**



### Instep alignment

1. When measuring your right foot, align the inner side with the **RIGHT INSTEP LINE** on the left side of the chart.
2. When measuring your left foot, align the inner side with the **LEFT INSTEP LINE** on the right side of the chart.

12" —

11" —

10" —

9" —

8" —

7" —

**RIGHT INSTEP LINE**



46	—————	46
45	—————	45
44	—————	44
43	—————	43
42	—————	42
41	—————	41
40	—————	40
39	—————	39
38	—————	38
37	—————	37
36	—————	36
35	—————	35

**LEFT INSTEP LINE**



**ACCURACY CHECK:**  
To ensure correct printing size,  
place a credit card here. If it fits,  
the chart was printed correctly.

